



## P A S S A G E S

*Support and Education in End of Life Issues*

### Resources for End for Life Issues

There are many websites and books about various end of life issues. Below is just a small selection to help you begin your exploration.

#### Websites

- National Hospice and Palliative Care Organization  
[www.nhpc.org](http://www.nhpc.org)
- Hospice Foundation of America  
[www.hospicefoundation.org](http://www.hospicefoundation.org)
- Growth House, Inc – Improving Care for the Dying  
[www.growthhouse.org](http://www.growthhouse.org)

#### Books

- A Midwife Through the Dying Process – Stories of Healing & Hard Choices at the End of Life, Timothy Quill MD
- Being With Dying – Cultivating Compassion and Fearlessness in the Presence of Death, Joan Halifax
- Dying to Know – Straight Talk About Death & Dying, Tani Bahti
- Dying Well, Ira Byock, MD
- Ethical Dilemma at the End of Life, Ed. K Doka, B Jennings, C. Corr
- How We Die – Reflections on Life's Final Chapter, Sherwin Nuland, MD
- Learning to Fall: The Blessings of an Imperfect Life by Philip Simmons

#### Caregiving Resources

- Pima Council on Aging at 790-7262 - [www.pcoa.org](http://www.pcoa.org)
- Pima Health System Caregiver Education & Support Program at 512-5599
- Caregivers Consortium – [www.arizonacaregivers.org](http://www.arizonacaregivers.org) – community resource list
- Family Caregiver Alliance  
[www.caregiver.org](http://www.caregiver.org)
- Caring Connections (from NHPKO)  
[www.Caringinfo.org](http://www.Caringinfo.org)
- National Family Caregivers Association  
[www.nfcacares.org](http://www.nfcacares.org)

#### Advocacy Websites

Patient Advocate Foundation  
[www.patientadvocate.org](http://www.patientadvocate.org)

American Pain Foundation  
[www.painfoundation.org](http://www.painfoundation.org)

Be sure to check websites for organizations related specifically to your disease, e.g. Alzheimer's Association, American Cancer Society, Parkinson's Association, American Lung Association, etc.